

# St Frances of Rome

Sussex Avenue, Ross-on-Wye, HR9 5AL

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& St. Mary's Catholic Church, Monmouth

Archdiocese of Cardiff Registered Charity 242380

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## 5th Sunday in Ordinary Time 4<sup>th</sup> February 2018

Mass Times & Intentions			
5 <sup>th</sup> Sunday in Ordinary Time 4 <sup>th</sup> February 2018	Vigil Mass 6.00pm	People of the Parish	Monmouth
	9.15am	Tony Serridge	Monmouth
	11.00am	Eileen Veale	Ross-on-Wye
Monday	5 <sup>th</sup>	9.15am	St Agatha Special intention (Lunt) Monmouth
Tuesday	6 <sup>th</sup>	7.00pm	St Paul Miki & Companions Margaret Regan Ross-on-Wye
Wednesday	7 <sup>th</sup>	9.15am	**Service of the Word with Eucharist ** Monmouth
Thursday	8 <sup>th</sup>	10.00am	James McCaffrey O.C.D. Ross-on-Wye
Friday	9 <sup>th</sup>	9.15am	Rev. John McLoughlin Monmouth
Saturday morning Mass at Usk Prison – St Scholastica			
Sacrament of Reconciliation Monmouth: Saturday 5.15pm to 5.45pm Ross-on-Wye: Tuesday 6.15pm to 6.45pm			
6 <sup>th</sup> Sunday of Ordinary time 11 <sup>th</sup> February 2018	Vigil Mass 6.00pm	Alison Potts	Monmouth
	9.15am	Mullaney Family	Monmouth
	11.00am	People of the Parish	Ross-on-Wye
Sunday evening Mass is celebrated regularly at Our Lady Queen of Martyrs, Hereford at 6.30pm. 101 Belmont Road, Hereford HR2 7JR			
Editors: Janet & Stephen Baker - <a href="mailto:stfrances.editor@gmail.com">stfrances.editor@gmail.com</a> Please send items for the Ross newsletter by 12 noon Thursday or items for the Monmouth newsletter: <a href="mailto:stmarysrc.editor@gmail.com">stmarysrc.editor@gmail.com</a> by 12 noon Thursday			
If you wish to book the Parish Room for an event please contact Ann McKnight <a href="mailto:upperkern@gmail.com">upperkern@gmail.com</a>			

05/2018

### Say Often, "Lord, Have Mercy."

You wonder what to do when you feel attacked on all sides by seemingly irresistible forces, waves that cover you and want to sweep you off your feet. Sometimes these waves consist of feeling rejected, feeling forgotten, feeling misunderstood. Sometimes they consist of anger, resentment, or even the desire for revenge, and sometimes of self-pity and self-rejection. These waves make you feel like a powerless child abandoned by your parents.

What are you to do? Make the conscious choice to move the attention of your conscious heart away from these waves and direct it to the One who walks on them and says, "It's me. Don't be afraid." (Matthew 14:27; Mark 6:50; John 6:20).

Keep turning your eyes to him and go on trusting that he will bring peace to your heart. Look at him and say, "Lord, have mercy." Say it again and again, not anxiously but with confidence that he is very close to you and will put your soul to rest.

Henri JM Nouwen

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**PADRE PIO PRAYER GROUP:** meets **today Sunday, 4<sup>th</sup> February** at 4.45pm in the parish room. We pray especially for the parish, the sick and the lonely, the housebound, deceased members of our community and their families, followed by the Rosary in the church. All are welcome to join us.

**Today, Sunday 4th February - Wales and the Marches Catholic History Society** talk at St. David's RC 6th Form College, Tygwyn Road, Cardiff CF23 5QD at 3 pm. *Roman Catholicism in South Wales at a time of persecution 1559–1679* by Dr. Robert Matthews lecturer in Early Modern History at the Open University who specialises in 16<sup>th</sup>&17<sup>th</sup> century religious history. Details from Tricia Coulthard email [triciacoulthard@outlook.com](mailto:triciacoulthard@outlook.com)

**SICK PARISHIONERS:** Please remember in your prayers: *Rita Katrak, Ivan Merritt, Claire Niven, Paul Bennett, Bridgit Frankland, Eileen & Roger Crosby, Joyce Wight, Margaret Collinson, Neil Hillyer, Kathy O'Connor, Mary McCrory, Fausta Scarand, Janet and Andrew Baily, Margarete Denton, John McKnight, Mike Fennessey, Eithne Holcom.*

**We remember those whose anniversaries occur about this time:** *Thomas Conboy, Sister M. Urban, Edna Sharpe, Laverne Creighton, Martha Bevan.*

**CAFOD** Lent Fast Day “briefing” at Our Lady Queen of Martyrs, Hereford tomorrow, Monday 5th February after the 9.30am Mass. All are welcome.

Collections 28th January 2018	
Envelopes	£165.00
Loose plate	£167.20
Other	£42.72
<b>Total</b>	<b>£374.92</b>
December Standing Orders	
<b>£1040.00</b>	

**Craft Group:** starts again this Tuesday 6<sup>th</sup> February at 7.30pm in the parish room. If you do any handcraft and would enjoy sharing with others while you work, please join us on a Tuesday evening.

**WALK WITH ME, A Lenten Journey of Prayer for 2018:** This pocket-size booklet of prayers and reflections for Lent 2018 will shortly be on sale for £1. It can be used as an opportunity to sit quietly for a few minutes each day each day to reflect on the meaning of Lent and its application in our lives. Would a friend, relative or work colleague appreciate a copy?

**Lent Lunches:** these will start in the first week of Lent - day and dates to be advised.

Rotas	Readers	Extraordinary Eucharistic Ministers	Tea & Coffee
<b>5<sup>th</sup> Sunday 4th Feb. 2018</b>	Maureen R-T	Jon, Lindsay, Erica	Agnes & Erika
<b>6<sup>th</sup> Sunday 11<sup>th</sup> Feb. 2018</b>	Erica Philp	Maureen, Aidan, Joan	Mike & Christine

**Ross Community Larder:** Thank you for your continued support for the needy in the locality and for the response to the recent request for particular foods - *small, value packs of instant coffee; sugar; custard - tins with pull rings; rice pudding; tinned fruit.*

**Update – Assisi and Rome Pilgrimage:** Thank you to those who have expressed an interest in this pilgrimage. It has been decided to postpone this until May 2019. Hopefully it will provide an opportunity for more parishioners to consider joining the group as well as more time to save! Contact Honor, [honor.houghton@hotmail.co.uk](mailto:honor.houghton@hotmail.co.uk) for more information.

**‘Time for a Cuppa’:** Ross Meeting Centre and Young Dementia Herefordshire Group are hosting a **‘Time for a Cuppa’** event in aid of Admiral Nurses/ Dementia UK on Wednesday March 7th between 11.00am and 1.00pm at Christ Church, Edde Cross Street. Please come for a cup of coffee or tea and cake. There will be a raffle and opportunity to meet the recently appointed Admiral Nurse for Herefordshire (The only one in the County!). Find out more about the invaluable support Admiral Nurses give to dementia sufferers and their carers. Donations welcome to support this work. Further details from [rossmeetingcentre@gmail.com](mailto:rossmeetingcentre@gmail.com)

**SVP Raffle tickets:** during February members of our SVP will be selling raffle tickets in the parish, for the support of the work of SVP nationally. £1 each or £5 for a book, with prizes of £3000, £2000, £1000, and additionally 10 at £100 and 10 at £50. Please be generous in supporting those most in need.

**Teas & Coffees:** are served in the parish room after Mass. All parishioners and visitors are very welcome.